

### 3.8KM SWIM

WAVE	START TIME	CATEGORY	CAP COLOUR	CHECK IN NOOSA SLSC	MEETING POINT TIME
Mass Start	7:00am	All	 RED	5:45am - 6:45am	6:30am
Wetsuit	7:05am	All	 BLACK		

### 2KM SWIM

WAVE	START TIME	CATEGORY	CAP COLOUR	CHECK IN NOOSA SLSC	MEETING POINT TIME
1	8:00am	Open M&F	 GREEN	6:30am-8:00am	7:30am
2	8:10am	U29 M&F	 BLUE		7:40am
3	8:20am	30-49 M&F	 YELLOW		7:50am
4	8:30am	50+ M&F	 RED		8:00am
5	8:40am	Wetsuit	 BLACK		8:10am

### 1KM SWIM

WAVE	START TIME	CATEGORY	CAP COLOUR	CHECK IN NOOSA SLSC	MEETING POINT TIME
1	9:30am	Open M&F	 YELLOW	8:00am-9:30am	9:00am
2	9:40am	U29 M&F	 RED		9:10am
3	9:50am	30-49 M&F	 BLUE		9:20am
4	10:00am	50+ M&F	 GREEN		9:30am
5	10:10am	Wetsuit Fin Swim (Mixed)	 BLACK		9:40am

### 500M SWIM

WAVE	START TIME	CATEGORY	CAP COLOUR	CHECK IN NOOSA SLSC	MEETING POINT TIME
1	10:30am	17+ M&F	 YELLOW	9:45am-10:15am	10:00am
2	10:35am	U17 M&F	 RED		10:05am